

Mental Health Services

"The Perfect Solution"

The Perfect Solution –

Education + Intervention + Prevention =
Preferred Outcomes (EIPPO®)

Crisis Intervention

- 24-Hour Safety Care
- 365 Day Emergency Psychological Assessments
- Suicidal Ideations/Safety Watch
- Major Depressive Episode

Clinical Assessment

- Determines Mental Health and Psychosocial Functioning
- Individual or Family Psychotherapy
- Addresses Psychosocial Issues



Psychosocial
Stressors



Body



Mind



Soul

Our assessment is designed for Preferred Optimal Outcomes.
Caring for the “whole” – Mind, Body, and Soul is ***The Perfect Solution.***

For more information contact us for free assessment.
602.595.9096



Thrive Programs

"Purposeful Engagement"

Purposeful Engagement –

We provide opportunities for purposeful engagement that encourage your loved one to thrive in all stages of life both mentally and physically.

Thrive Exercise Training

- Fall Recovery and Prevention
- Balance Conditions
- Joint Pain and Stiffness
- Parkinson's Disease
- Neurological Disorders
- Cardiovascular Health
- Joint Replacement
- Posture
- Increased Energy
- COVID Recovery
- Arthritic Conditions
- Gait Dysfunction

Thrive Community Support

- Wellness Checks
- Medication Reminders
- Client Engagement
- Shopping
- Tuck-In Service
- Pet Walking, Feeding, Play, and Cleanup

Thrive Wellness Programs

- Wellness Presentations
- Wellness Workshops

Quality of care requires *purposeful engagement*.

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Transitional Care

"Never Alone"

Never Alone –

One of the hardest decisions to make is moving a loved one from their home, filled with years of memories, into a senior living community.

How do you know when it's time to make this move?

What is the next step?

How can we transition with the least amount of disruption?

We can help make this transition a smoother experience.

- Placement of a caregiver in a family members home for a designated time to ensure continuity of care and establish a bond before they move into a chosen community.
- The caregiver will be with them through the entire process—from packing at the original home to moving and settling in to the new apartment or home.

Your loved one will *never be alone*.



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Specialized Care

"Safety & Health"

Safety & Health – We find you the perfect match.

We will meet with you to assess your personal, medical, psycho-social and special request needs. Our exceptional caregivers provide a safe environment and meet your loved one's health needs with our specialized care services including:

- 24-Hour Care
- Complex Requests and Needs Management
- Alzheimer's and Dementia Care
- Family Respite Care
- Palliative Care Support
- Hospice Care Support
- Family Dynamics
- Communications Management

Safety and Health —
We find you the perfect match!



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Companion Care

"Peace of Mind"

Peace of Mind – We give you peace of mind by providing your loved ones with the best care and service experience.

Companionship

- Companionship and Conversation
- Meal Preparation
- Medication Reminders
- Cognitive Coaching
- Light Housekeeping
- Laundry and Linens
- Care for Clients and Pets
- Incidental Transportation

Personal Care Service

- Bathing, Grooming and Dressing
- Oral and Other Hygiene Needs
- Toileting and Incontinence Care
- Transferring and Positioning
- Cooking and Feeding
- Mobility Assistance

We address the client's diverse needs by matching our caregiver's skill set and personalities with the needs and personalities of your loved one for *peace of mind*.

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24/7 On Call Staffing

"We've Got You Covered"

We've Got You Covered –

Providing all levels of care services for your community.

Do you find yourself short staffed?

Do you need supplemental staffing choices?

Are you in need of certified caregivers or companion caregivers with all levels of service for your community?

We've Got You Covered!



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